



Árpád Aged Care

ANNUAL REPORT

2020

Árpád Aged Care Facility
2020 Annual Report





Árpád Aged Care Facility (ACF) was established in 1994 to meet the needs of an ageing Hungarian population. It has 60 low and high care level beds and 11 independent Villa Units. Árpád provides transitional care from independent living through to minimal and high-level assistance without the need to move to another establishment when care needs change. Árpád ACF is a fully accredited and certified facility. Árpád ACF is a short walk from the local Wantirna Shopping Centre and is only a few minutes from the Hungarian Community Centre and St István Church.

The report was compiled by **Éva Kövesdy**

Photography by **Zsuzsanna Kollár** and **Balázs Mariczky**

Design and Pre-press by **Balázs Mariczky**

MISSION STATEMENT FOR ÁRPÁD AGED CARE FACILITY (ACF)

Árpád ACF ensures that its residents receive appropriate high level care in quality surroundings that is tailored to their individual needs. We strive to achieve a meaningful, pleasant and relaxed lifestyle for our residents.

Árpád Aged Care Facility
9 Garrisson Grove, Wantirna 3152

www.arpadagedcare.com.au

Email: arpad@arpadagedcare.com.au

REPORT FROM THE COMMITTEE 2020

We commenced the year with a relatively large committee, comprising new, old and returning members. The 2019 President Zoltán Fritz had resigned during 2019 owing to ill health, after spending many years serving Árpád and its residents. We and the residents were saddened to learn of his death in October 2020. Judy Hajdu, the past committee secretary and acting President, also stepped down at the end of the 2019 year after many years of service, and provided an excellent handover and impeccable records and guidance to the new committee, for which we thank her. We are delighted that members Ferencz Baranyay, Mary-Anne Carmody, Csaba Dézsi, Éva Kövesdy and Balázs Mariczky returned to the committee, and new members Jenny Cole, Adél Csanády and Rita Süilly brought with them pharmaceutical, educational, and risk management expertise respectively.

The committee's activities in the 2020 year took their direction from the new Aged Care Quality Standards, which became mandatory from 1 July 2019. These quality standards emphasise resident dignity and choice, and place obligations on the management and boards of aged care facilities to ensure that standards of quality are upheld and continuously improved.

The advent of Covid in February/March 2020 brought about many changes in the committee's operations, but allowed the committee to retain its focus on the Quality Standards. From late in 2019 the committee and its members immersed themselves in governance training, to upgrade their governance skills and increase their knowledge of aged care and the Quality Standards. In addition to participating in training with external providers, the committee's understanding of the complex clinical, consumer, regulatory and financial aspects of aged care was broadened by educational presentations delivered by the manager Hella Szilágyi at committee meetings. Unfortunately, Covid lockdowns prevented us from meeting on site, and limited visiting, so most 2020 meetings were conducted

virtually, including the November AGM. A number of committee members were impacted by Covid, with the result that Csaba Dézsi and Balázs Mariczky were unable to devote sufficient time to the committee, leading to their resignation. Similarly, Ferencz Baranyay also resigned as Treasurer and remained as an ordinary member of the committee. Rita Süilly and Judith Juricskay generously stepped up to the roles of acting Vice President and Treasurer respectively, for which we are grateful.

The committee's major achievements for the year included the renewal of the manager's contract for a further three years, the introduction of professional risk management strategies to the committee's deliberations, a safety compliance audit of the backyard, the preparation of an interim strategic plan, and the commissioning of work by Márta Makkai to survey Melbourne's Hungarians and gain a better understanding of their wishes and aspirations for their retirement years. All of these activities position the committee to continue its strategic momentum during 2021. Committee members Olga Vető, Balázs Bartha, Ferencz Baranyay and Adél Csanády did not seek re-election at the November 2020 AGM. Between them they devoted many years to the service of Árpád and we thank them for their work. Our President Ilona Benedek, who has an abiding concern and affection for the residents of Árpád, led the committee well during a challenging year, and continues into 2021 as Treasurer. We congratulate and thank our manager Hella Szilágyi for her excellent management of the facility during a year of extraordinary challenge, and all of Árpád's staff for their willingness and flexibility. This is an immense achievement.

Finally, the committee's work could not be a success without our willing and efficient administrative secretary Zsuzsanna Kollár, who makes sure that everything happens when it should, and smoothly.

Mary-Anne Carmody
Secretary

COMMITTEE MEETINGS

There were ten meetings held between November 2019 and October 2020.

COMMITTEE MEETINGS ATTENDANCES IN 2020

COMMITTEE MEMBERS	MEETINGS ATTENDED	LEAVE OF ABSENCE
Rita Süilly	10	
Olga Vető	7	3
Éva Kövesdy	10	
Judith Juricskay	10	
Ilona Benedek	8	2
Jennifer Cole	9	1
Balázs Bartha	5	5

COMMITTEE MEMBERS	MEETINGS ATTENDED	LEAVE OF ABSENCE
Christina Janka	7	3
Mary-Anne Carmody	10	
Csaba Dézsi*	3	1
Balázs Mariczky*	2	1
Adél Csanády	4	6
Ferencz Baranyay	7	3

*Balázs Mariczky resigned in April 2020, Csaba Dézsi resigned in May 2020

COMMITTEE MEMBERS



ILONA BENEDEK | PRESIDENT

Ilona joined the Committee in 2015. She has been an active member of the Hungarian Reformed Church and was elected as a church elder. While she worked for the Committee as an Administrative Coordinator, she became very fond of the residents of Árpád Aged Care and after leaving this position, she missed her contact with them. Becoming a member of the Committee gives her the opportunity to help and keep in touch with them. She was elected President at the 2019 AGM.



BALÁZS MARICZKY | VICE PRESIDENT

Balázs is the newest Committee member who joined the team in 2018. He successfully runs his graphic design business and is happy to assist Árpád with any design advise or solve any IT issue. Balázs regularly serves the wider Hungarian community with his voluntary design works. His experience in business will benefit the Árpád committee greatly. He was elected Vice President at the 2019 AGM.

RESIGNED AS VICE PRESIDENT IN MARCH AND FROM THE COMMITTEE IN APRIL 2020



RITA SÜLLY | ACTING VICE PRESIDENT

Rita is a Tertiary and Master's qualified senior executive with International and Australian corporate experience. Rita joined the Árpád Committee in 2019. Rita was elected as Acting Vice-President following Balázs Mariczky's resignation.



MARY-ANNE CARMODY | SECRETARY

Mary-Anne has a background in law and holds Arts and Laws (Honours) degrees from the University of Melbourne as well as a post-graduate Diploma from the Securities Institute of Australia. She joined the Árpád Committee in 2016, and after a break of one year re-joined it in 2019's AGM, taking on the position of Secretary.



FERENCZ BARANYAY | TREASURER

Ferencz is an architect with his own practice. He regards it an honour to be on the Committee and be part of the general management of the facility. Ferencz joined the Committee in 2012 and after a short break, he re-joined it in the 2019 AGM, becoming Treasurer.

RESIGNED AS TREASURER IN JULY 2020



JUDITH JURICKAY | ACTING TREASURER

Judith has over 30 years' experience in the field of accounting and office management. Over that time, she has held a number of volunteer positions both as treasurer and president of various sporting associations. She brings these experiences to help achieve a positive and forward looking future to the Árpád community. Judith was elected to the Committee in 2018. She accepted the role of Acting Treasurer following Ferencz Baranyay resignation from the position.



ÉVA KÖVESDY | COMMITTEE MEMBER

Éva was elected on to the Committee in 2009 and was Secretary until 2016 and President until 2017. Éva has re-joined the Committee in 2019 following a two-year break. Éva has a Master's Degree in Applied Science - Nutrition and Public Health from Deakin University. Éva has been an active member of the Hungarian Community for many years and has held the position of Secretary to the Hungarian Community Centre for 17 years during which time she was actively involved in many major programs.



OLGA VETŐ | COMMITTEE MEMBER

Olga joined the Committee in 2015. She has been an active member of the Hungarian community for more than 30 years. Olga has extensive experience in organising special events which will be of great benefit to Árpád.



JENNIFER COLE | COMMITTEE MEMBER

Jenny is a Pharmacist with more than 20 years' experience working in residential aged care. She has worked at Árpád and various other facilities for nearly 10 years as an independent accredited pharmacist conducting medication reviews in conjunction with the doctors and helping Árpád meet accreditation standards. She is looking forward to bringing her experience to the Árpád Committee to help Árpád continue to provide high quality care for its residents. Jenny joined the Committee at the 2019 AGM.



CHRISTINA JANKA | COMMITTEE MEMBER

Christina's professional training was in secondary teaching and translation. There is a strong Hungarian background from younger years as a Hungarian scout. Working years were spent in schools, migrant centres, overseas language schools (Munich), the corporate sector and recently 10 years of (lifestyle) diversional therapy at Villa Maria, Mercy Health and Tabulam and Templar. She has served on various community committees (National Trust, German/Australian Welfare) over 20 years and reared a large family of six children.



ADÉL CSANÁDY | COMMITTEE MEMBER

Adél joined the Committee at the 2019 AGM. She has been an active member of the Hungarian Reformed Church with her family and she teaches at Bocskai Hungarian School. Adél has an extensive experience in dental nursing as she is a dental assistant in a family dental care.



CSABA DÉZSI | COMMITTEE MEMBER

Csaba joined the Committee in 2009. Following short break from the Committee, he was elected again in 2019. He is a Reformed Church pastor and felt it his moral duty to support the Árpád ACF in its endeavours to continue to maintain a high standard care facility for elderly Hungarians.

RESIGNED IN MAY 2020



BALÁZS BARTHA | COMMITTEE MEMBER

Balázs joined the Committee in 2012. He is a post-graduate in Psychotherapy studies. Together with his family, Balázs is an active participant in many Hungarian community events and organisations. His studies and experiences from overseas and Australia contribute to the work of the Committee of Management.

PRESIDENT'S REPORT

ILONA BENEDEK | PRESIDENT



Ilona is an active member of the Hungarian Reformed Church and was elected as a church elder. While she worked for the Committee as an Administrative Coordinator, she became very fond of the residents of Árpád Aged Care and after leaving this position.

I'd like to welcome you all to our Annual General Meeting.

This is our first - and hopefully last AGM held via Zoom - it is a fitting finish to a very challenging and unusual year we had.

As you can all imagine it has been a very challenging year both for the committee and more so for our Manager and her team and of course for our resident as well.

The committee started this year with a lot of energy and plans but unfortunately a few of them had to be put on hold due to the circumstances caused by COVID-19.

Our first resolution was to join the Governance Evaluator Program to extend our knowledge, learn new skills and improve our governing skills.

This year we had a large committee with many new members. To learn more about Árpád Aged Care and to get more acquainted we held a whole day workshop (luckily, we could still meet in person back then) dedicated to governance and strategic planning with guidance from Jodie Willmer from Governance Evaluator.

This year brought us a lot of first:

- First committee meeting on Zoom
- First window visits at Árpád
- First year that we had to cancel our Open day and Volunteers lunch.

Committee members attended a lot of webinars, listened to many podcasts produced by peak bodies and participated in online workshops.

There were plans to update the dining room but with our facility being in lock down for months and the risk of introducing the infection to Árpád it has been postponed. We are in the

process of a comprehensive survey targeting our future target residents which will help with our Strategic Plan for the next 3-10 years. All in all, Árpád had a successful year, financially we are sound, ended the year with profit and most importantly we did not have any COVID cases in the facility.

I'd like to emphasize our gratitude and heartfelt thanks and congratulate our manager Hella Szilágyi and her team for keeping our residents safe and as comfortable as possible throughout these very difficult times. Due to their dedication, hard work, long shifts and resilience we managed this outbreak with a great outcome. Thank You.

I also would like to say a big thank you to all committee members for their dedication, commitment, time and effort during this challenging year.

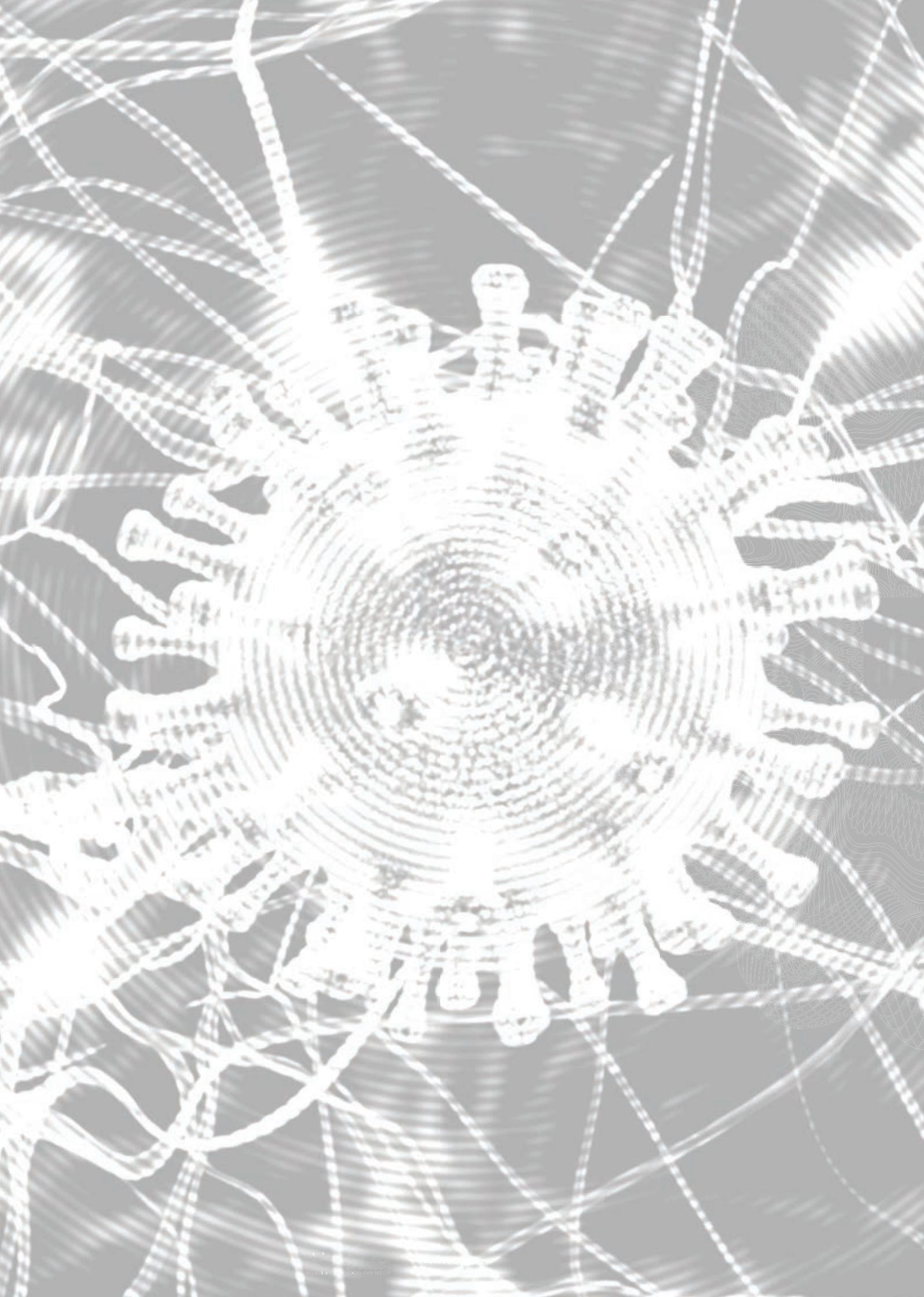
Unfortunately, we say good bye to a few long serving committee members this year: Olga Vető, Balázs Bartha, Ferencz Baranyay, Csaba Dézsi and Balázs Mariczky. We thank you for all your contributions and your loyalty to Árpád, we will miss you.

Lastly, I would like us to remember our long serving ex-president, Zoltán Fritz, who sadly passed away last month. We send our condolences to his family and friends. He will be missed by many.

Thank you for honouring me with the position of President last year. Due to some personal circumstances, I won't be renominating myself for the role of president but I'm committed to help Árpád further by staying on as the Treasurer.

Thank you.

Ilona Benedek
President



MANAGER'S REPORT



HELLA SZILÁGYI | MANAGER

After starting her nursing studies in Hungary, Hella decided to continue this career when she arrived in Australia. She completed a Bachelor of Nursing in 2000. She has been working at the Árpád Aged Care Facility for 17 years.

REPORT FOR THE AGM 7 NOVEMBER 2020

With the Covid-19 pandemic in 2020, this year is like no other. It is fair to say that the majority of our workload was and still is around the coronavirus and related issues. Certain areas and ideas were put on hold for various reasons, whether it was because of the lockdowns or the workload. But today the Árpád remains virus free and that is the most important thing at this stage. Life goes on and we do our best to continue improving during such challenging and extraordinary times.

COMPLIANCE - ACCREDITATION

Árpád achieved full compliance in 2018 as a result of getting 44 out of 44 accreditation standards, ensuring a further accreditation for 3 years (December 2018 – December 2021). Plan:

- Ensuring accreditation is maintained at all times.
- Actively auditing and checking against the standards, review policies and procedures annually and attend to legislative changes as they come into effect.
- Ensuring all care plans and assessments are updated on a regular basis, according to policies and procedures and the Aged Care Funding Instrument (ACFI) is reviewed regularly and income from subsidies are maximised.
- Monitor the legislations in relation to the quality standards
- Monitor the legislation in relation to the Aged Care Commissioner
- Start preparations for re-accreditation in January 2021
- Reporting to the Committee of Management

QUALITY OF CARE / REGULATORY COMPLIANCE

Ensuring continuous regulatory compliance is maintained according to Árpád policies and procedures all relevant rules and regulations and according to the Quality Standards.

Always aiming at delivering high standards of care to all care recipients in a safe and secure environment. Regularly updating policies and procedures in line with legislative requirements. Quality Indicators are reported to the Department quarterly. There has been an external audit on the quality standards as well as on policies and procedures this year. Items requiring attention are put onto our CI plan and if needed action plans are developed. Reporting to the Committee of Management if any actual or potential areas need attention.

CONTINUOUS IMPROVEMENT

CI plan issued every January for that year, distributed to the committee and reviewed on a regular basis. It is also displayed throughout the facility. Staff and residents participate in developing CIP and included in reviews and evaluations. Staff members and residents have an annual education program according to their needs and requirements as well as inclusive of mandatory education sessions. The planners are developed on a needs / suggestions / requirements basis every January for that year and updated or expanded if needed. They are always displayed on notice boards. Attendances are maintained and categorised. There is a mandatory vaccination register for residents, staff, visitors, volunteers. There is a police check register for staff, volunteers and contractors. General practitioners and allied health professionals visits are arranged and maintained on a regular basis. This year we concentrated very much on infection control and undertook a huge amount of training in this area. We have outbreak management plans and Covid safe plans in place.

RESIDENT SERVICES / FEEDBACK AND COMPLAINTS

Person centred care is the aim of providing quality care to our residents, involving all relevant parties. Privacy and dignity of all residents is maintained under strict policies and procedures and are part of education sessions. Feedback forms are used to identify and implement ways of improving continuously and the feedback register is maintained, information shared if not confidential and used to develop CI plan. Regular

staff, residents, quality, medication, infection and health and safety meetings are held and minuted and are available to view. There are regular focus groups for residents and zoom meetings for families. There are regular resident and relatives' surveys conducted. There are regular staff surveys conducted.

There is a comprehensive in-house complaint policy and procedure that is followed and all feedback is lodged and appropriate action is taken. Open disclosure is always followed. There is the Aged Care Complaint Scheme if the complaints cannot be resolved in-house. The Committee is always notified if there is a formal complaint made to the Scheme.

Visitation codes due to Covid-19 are regularly updated by Dept. and followed by Árpád. Residents have been getting medical and allied health attention despite the restrictions and also able to use our Hungarian speaking counsellor for mental health support. We are encouraging and assisting residents to keep in contact via electronic means with families, but also allow visitations by nominated persons as per code. We have done 4 rounds of satisfaction surveys through covid restrictions with positive feedback in all regards.

FINANCIAL AND RESOURCE / WORKFORCE MANAGEMENT

Annual budget is developed with and presented to the Committee each year for approval. It is entered into a table format on a monthly basis to compare actuals vs budget and presented at the monthly committee meetings.

We are closing the 2019-20 financial year with a net surplus of \$967,940. We have received a little additional funding from the government this year relating to the coronavirus supplements (e.g. cash flow boost) and the spending of such monies will need to be declared in the prudential compliance statement. Direct care workers are eligible for the Aged Care Workforce Retention Bonus Payment announced by the government in June and we put in our application, 2 payments already received, another is still due at a later date.

The committee is provided with month to month income and expenditure summary, balance sheets, bank account balances including receivable and refunded accommodation payments, budget analysis, and year to date reports, committee budget as well as a building project reports. Quarterly summaries are prepared and presented to the accountant and to the committee to monitor financial information. Annual financial audits took place in August and the drafts were received and distributed to the executive on 06.10.2020. The final report will be ready in time for the AGM (7 November 2020) and to be lodged to the different Departments as regulated, to ensure full compliance. Prudential compliance statements are lodged by 31 October to meet legislated regulations and requirements.

Regular scheduled audits are performed on every accreditation standard, on policies and procedures and all other requirements to ensure full compliance. Audit results are acted on if needed, corrected, implemented and evaluated in a timely manner. A

wages audit has also been conducted this year to ensure no staff in underpaid. There is an asset register and is updated every time there is a new purchase.

Appropriately qualified staff are employed to the satisfaction of the EBA, Quality Agency and management and are continuously trained, supported and nurtured. They are always fully informed about everything via meetings, handovers, memos, communication book entries and information folders. There are regular staff satisfaction surveys and performance appraisals conducted.

Most current coronavirus support, funding or grants from the department we aren't eligible for as we don't meet the criteria. One we can apply for is the state's 'Reimagining Healthy' grant. Staff members encouraged to look after one another and access the mental health support that is available. Workers can access the COVID resources and support on the Head to Health website. Our staff meetings have improved with zoom as more people are able to parttake. The majority of educations are via zoom or online as well.

There are staff members who aren't or weren't working for Árpád due to also having a second job in a high-risk area. This has had an impact on our workload. In the last 6 months it has also become impossible to recruit new staff due to national shortage. All aged care facilities are struggling. For filling in shifts aged care facilities are entitled to use the State's temporary surge workforce support. However, we are extremely fortunate that we haven't had to call on nursing agencies to fill shifts in throughout the year.

INFORMATION MANAGEMENT

Appropriate information management is in place as per policies and procedures. This year we transitioned to the NBN, requiring new telephone systems. We are also transitioning to Microsoft 365 and are updating our computers. Open disclosure system is in place in relation to all quality standards.

RISK MANAGEMENT

There is a risk register and policies and procedures are in place. Incidents and near misses are reported and logged, summarised monthly and annually. Residents have risk assessments as needed and are consulted on taking risks. There is mandatory training for all staff on elder abuse.

CLINICAL GOVERNANCE

There is a clinical governance framework in place and is currently under review. There are policies and procedures on antimicrobial stewardship, restraint minimisation and open disclosure.

Árpád's Covid-19 Outbreak Management Plan is reviewed regularly. There are also respiratory and gastro outbreak management plans in place.

TREASURER'S REPORT



JUDITH JURICKSKAY | TREASURER

Judith has over 30 years experience in the field of accounting and office management. She brings these experiences to her role as Treasurer at Árpád.

THE TABLED ANNUAL FINANCIAL REPORT SHOWS A HEALTHY PROFIT OF 17% OF INCOME

The profit is despite the additional expenses that we incurred in the second half of the financial year due to the management of the Corona virus. While there were additional subsidies received from government, the cost to successfully keeping all residents and staff free of the virus was substantial both financially and emotionally.

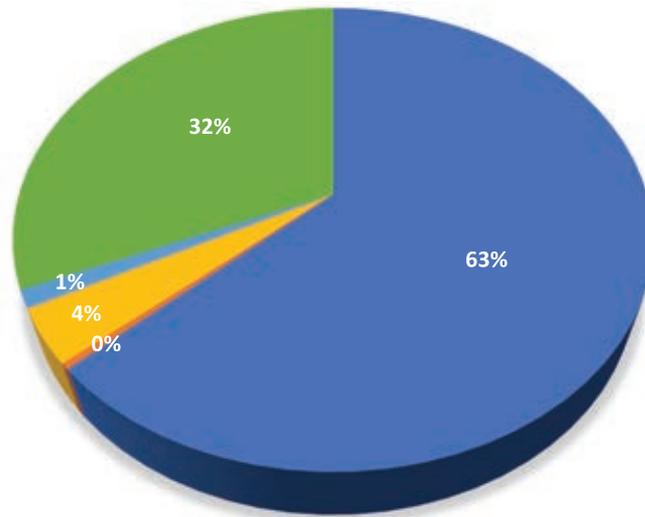
There are number of challenges for the new financial year being:

1. The additional cost of infection control particularly in relation to Covid19.
2. Reduced interest earned on bank deposits.
3. Cost of future maintenance and improvement of Árpád property and buildings.

Judith Juricskay
Treasurer

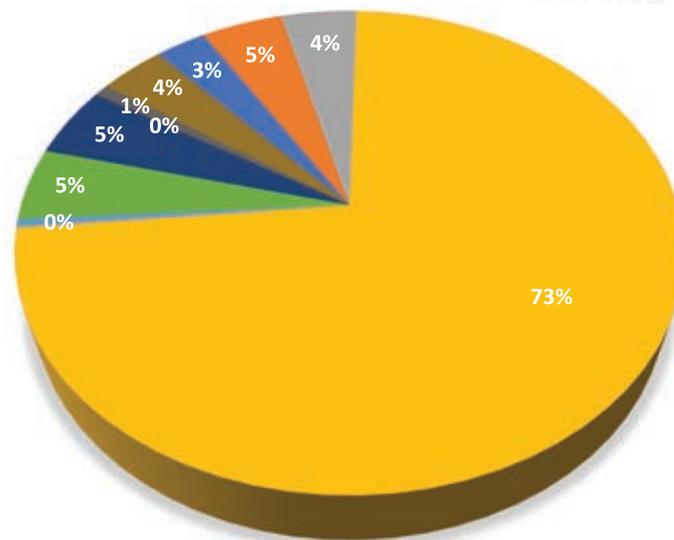
FINANCIAL REPORT

INCOME FOR YEAR ENDED 30 JUNE 2020



- Government subsidies \$3,589,812
- Donations \$22,910
- Bequest \$0
- Interest received \$214,817
- Other revenue \$69,913
- Residents fee \$1,791,722

EXPENSES FOR YEAR ENDED 30 JUNE 2020



- Administrative expenses \$139,480
- Cleaning & laundry expenses \$220,282
- Depreciation expenses \$206,856
- Employee expenses \$3,428,306
- Finance cost \$24,345
- Food & beverage expenses \$230,323
- Occupancy cost \$228,073
- Land transfer expenses \$1,500
- Contract service expenses \$37,368
- Other expenses \$174,701

REPORT FROM THE RISK, SAFETY, CLINICAL CARE SUB-COMMITTEE



RITA SÜLLÝ
CHAIR



MARY-ANNE CARMODY
SUB-COMMITTEE MEMBER



JENNIFER COLE
SUB-COMMITTEE MEMBER



CHRISTINA JANKA
SUB-COMMITTEE MEMBER

RISK MANAGEMENT

It is the responsibility of the Committee to oversee Risk for the Árpád Elderly Welfare Society Inc. The Aged Care Quality Standard (ACQS), specifically Standard 8 requires an effective risk management system and practices.

Following the Governance Evaluator assessment, it was identified that an effective Risk Management Plan was not in place. The Risk, Clinical Care and Safety sub-committee has developed a Risk Management Plan to address governance gaps and meet our compliance requirements.

FUNCTIONS OF THE SUBCOMMITTEE

- is to provide adequate oversight of business and operations Risk Management processes;
- is to provide adequate oversight of Safety processes as stipulated in the regulatory requirements
- is to provide adequate oversight of Clinical Care, including falls, infection and medication errors;
- conduct periodic reviews of items within the scope of the sub-committee
- is to make recommendations to the Management Committee on all matters related to Risk Management, Safety and Clinical Care.

THE ÁRPÁD RISK APPETITE STATEMENT

The Árpád Elderly Welfare Society Inc (Árpád) aims to meet all of its regulatory and governance requirements. The Árpád will work towards minimising risk to as low as reasonably practicable accepting no risk to the safety and well-being of its Residents and staff, while respecting each individual Residents choice.

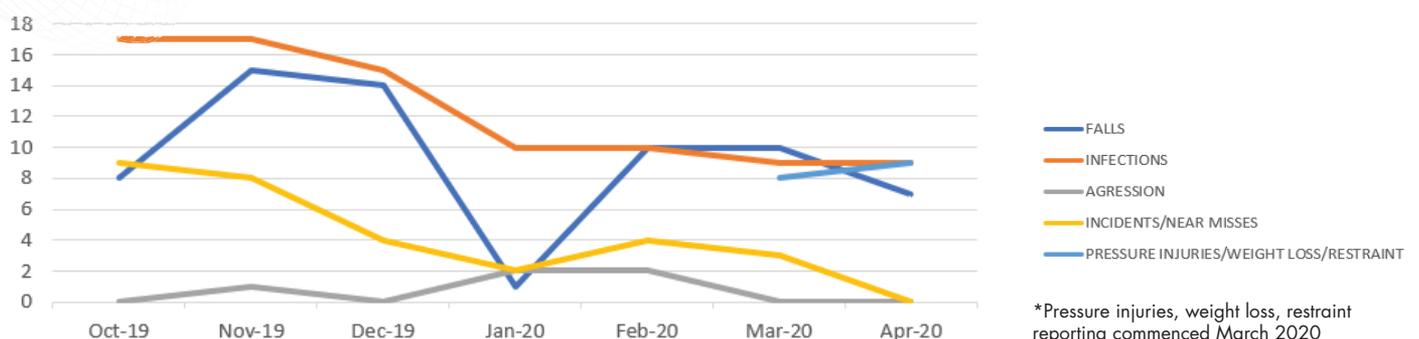
In pursuit of its strategic objectives the Árpád understands that it must invest reasonable resources, minimise Governance risk; retain its cultural integrity and legacy and focus on a contemporary management approach.

ACHIEVEMENTS

- Complete Risk identification and assessment workshop
- Risk Management is a standing agenda item in the monthly Committee meeting. A Risk Visual is updated monthly with the input from the Committee members.
- Committee members have attended Risk Management webinars to understand Risk and its relevance to standard 8 and good Governance.

CLINICAL CARE OUTCOMES SUMMARY (6 MONTHS)

Clinical Care outcomes summary



REPORT FROM THE PUBLIC RELATIONS SUB-COMMITTEE



ÉVA KÖVESDY
CHAIR



CHRISTINA JANKA
SUB-COMMITTEE MEMBER



HELLA SZILÁGYI
SUB-COMMITTEE MEMBER



ZSUZSANNA KOLLÁR
SUB-COMMITTEE MEMBER

THE MAIN ACTIVITY OF THE SUB-COMMITTEE WAS

- Maintain Árpád Facebook page; (<https://www.facebook.com/arpadagedcare>)
- Updated the website; (<http://www.arpadhomecare.com.au>)
- Publish the quarterly newsletter „Árpád Híradó”. Thanks go to Zsuzsanna Kollár for this work.
- The preparation and publishing of the 2019 Annual Report was a major undertaking by the sub-committee. We would like to thank Balázs Mariczky for the final production and printing of the report, which he has been doing since the first report was produced in 2012.
- “Case Study – Supporting Resilient Governance” (30 September 2020). Éva Kövesdy was interviewed by Fi Mercer Founder and CEO of Governance Evaluator. The interview can viewed on the following link: Case Study - Supporting Resilient Governance - Governance Evaluator
- Márta Makkai has been contracted to conduct a survey into the Hungarian community’s future needs regarding aged care. The information collected will assist the Committee in formulating its future development and expansion. She will also develop marketing strategies for Árpád Aged Care Facility.

ÁRPÁD TEAM MEMBERS



ZSUZSANNA KOLLÁR

COMMITTEE ADMINISTRATIVE
SECRETARY



ILDIKÓ ORSÓS

ASSISTANT MANAGER



TAMARA IZMAN

CLINICAL CARE COORDINATOR



JUDIT PRECZEKJÁN

LIFESTYLE & ACTIVITIES
COORDINATOR



**ILONA KINGA
FISZLER-OLÁH**

RECEPTIONIST

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ÁRPÁD STAFF 2020

József Alexy
Ágnes Alexy
Kathleen Bagasin
Eszter Mária Bükkösdí
Kristy Grace Capacite Seno
Kissy Carriaga
Edit Czanik
Mariana Dan
Judit Danka
Julianna Dworszky
Rebecca Bianca Emekandoko
Zsófia Erdeg
Rozália Erdősi
Pramila Lowra Eugene

Éva Ezsol
Alixsa Whenzly Fabi
Beáta Fábian
Ilona KingaFiszter-Oláh
Jobin Carmel George
Magdi Hamar Csabáné
Anita Hornyákné Laczkó
Kitti Diana Horváth
Tamara Izman
Mi Young Kim
Lynette Kleehammer
Chimby Marie Kwon Schulz
Yuen Ching Lee
Erika Lerinc

Diana Lévai-Dani
Yang (Jessica) Liao
Krisztina Lo Piccolo
Livia Mentus
Kris Montecillo
Virginia Muresan
Ildikó Orsós
Dorota Pachacz
Éva Pető
Tamás Piroska
Judit Preczekján
Katalin Samu
Emőke Scully
Harbhinder (Harry) Singh

Marianna Sipka
Gail Stephens
László Svak
Emili Svak
Szilvia Szaka
Anna Szalkai
Hella Szilágyi
Krisztina Temesi
April Anne Valde
Ildikó Vargáné Fülöp
Yayi Wang
Qingjuan (Wendy) Wang
Jinghan (Jenny) Wu
Izabela Zavarko

REGULAR DOCTORS



DR ÉVA HEROLD

HAS BEEN LOOKING AFTER
ÁRPÁD RESIDENTS SINCE 1994



DR IMRE SÁGHY

HAS BEEN LOOKING AFTER
ÁRPÁD RESIDENTS SINCE 2000

SUPPORTERS 2020

FOR THEIR GENEROUS DONATIONS ÁRPÁD WISHES TO THANK

Viorica Nela Almajan
Vinicius Castanhera
Mária Czeglédi
Erzsébet Demeter
K. Erdős
Isabella Győri

Julianna Jandó
Endre Kocsis
Brian & Aggie Michie
Ida Miklós
Piroska Moody
Roza & Lajos Oláh

Árpád Pető
Krisztina Serfőző
Margaret & Sylvester Sidji
Rose Sipos
Charles Varga

WE GRATEFULLY ACKNOWLEDGE
THE TEAM OF VOLUNTEERS IN 2020

Róza Bogár
István Hangodi
Julia Ivic

András Kövesdy
Éva Kövesdy
Éva Kulic

Imre Nagy
Julianna Nagy
Louisa Rigó

Maria Sarnyai
Viktor Valentin

KCSP SCHOLARSHIP 2020



BLANKA KŐSZEGI | KCSP SCHOLARSHIP HOLDER

As a Kőrösi Csoma Sándor Program scholarship recipient, I worked and lived in the Árpád Aged Care Facility premises between March and November of 2020. As a „social worker” I was a member of the Lifestyle team.

The Corona virus considerably affected the resident’s everyday life as well as impacting the staff. It was difficult to get into a work rhythm with the continual changes. I am sure that under normal circumstances, my workload would have been a little different, but I didn’t mind this at all. I hope that my endeavours were of help to Árpád.

My day started with Kati néni where I coordinated the communication between her and her son. Followed by helping with the developmental sessions. I helped with lunches and dinners, assisting with Gyula bácsi’s meals was my job, in the end he became close to my heart. In the afternoons I conducted presentations on various topics. I ran interactive activities or organised games, Bingo was especially popular. On Saturdays, my main role was to coordinate visits from relatives.

During my nine months I prepared the following programs for the residents: Easter, Earth Day, ANZAC Day, Work-Day celebration, Mother’s Day and International Nurse’s Day for which we prepared cards with the residents to thank the nurses for their work. For the 100th Anniversary of Trianon we organised a program with fellow scholarship holders who were teaching folk dancing. This was important not only because of the anniversary but because a number of residents are from the territories that were annexed following the Treaty. We also covered Hungarian inventor’s day, viewed Vujcic Nick’s presentation. There were also group activities, there

were presentations and films on the life of the apostle Saint Thomas. There was a virtual tour of Poland following in the footsteps of “Árpádházi” Saint Kinga. There were also programs on the life of Pope John Paul, the Feast of the Assumption, the commemoration of Hungary’s founding and information on Australia’s native inhabitants. Additionally, there were talks about Saint Teresa of Calcutta, “Hungarikums” (cultural heritage including agriculture and food cultivation), Hungarian folk-stories day, commemoration of the 13 martyrs of Arad, virtual pilgrimage of St Francis of Assisi, Hungarian artists day, commemoration of 23 October 1956, for all Soul’s Day a virtual marching with the cross to remember deceased relatives.

During my stay in Australia, I had an opportunity to spend five days in Sydney and with some of the other scholarship holders we also went to Byron Bay. At the end of November, after my official scholarship time expired, I went on a 10-day trip around Victoria. I went to the Grampians, the Great Ocean Road and then continued to Lakes Entrance. On the weekends I was able to go on day trips such as to Wilsons Promontory, Phillip Island, Hanging Rock and Bendigo.

I am very happy that I was able to participate in the program and was able to assist the Hungarian community. I have been adopted by a lot of “grandmothers” and “grandfathers”. I have become very fond of them all and I am certain that they will always stay in my memory.

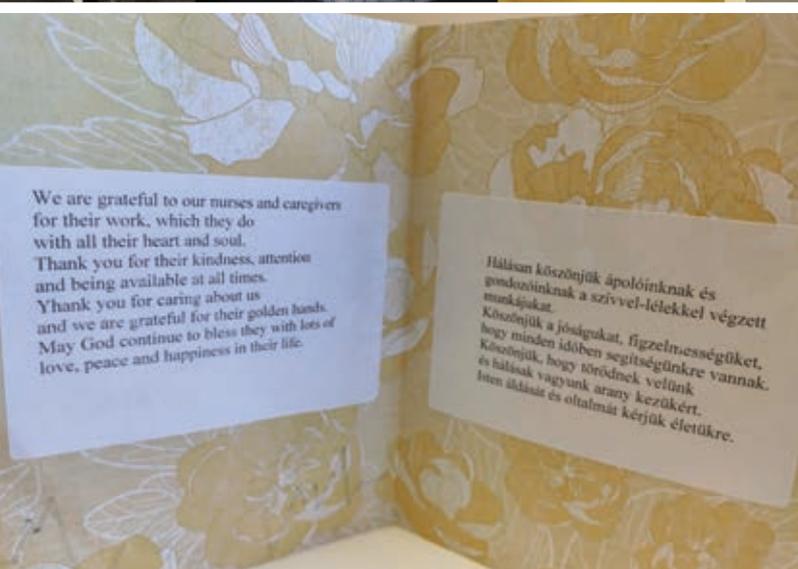




GARDENS







CELEBRATIONS











DAILY ACTIVITIES

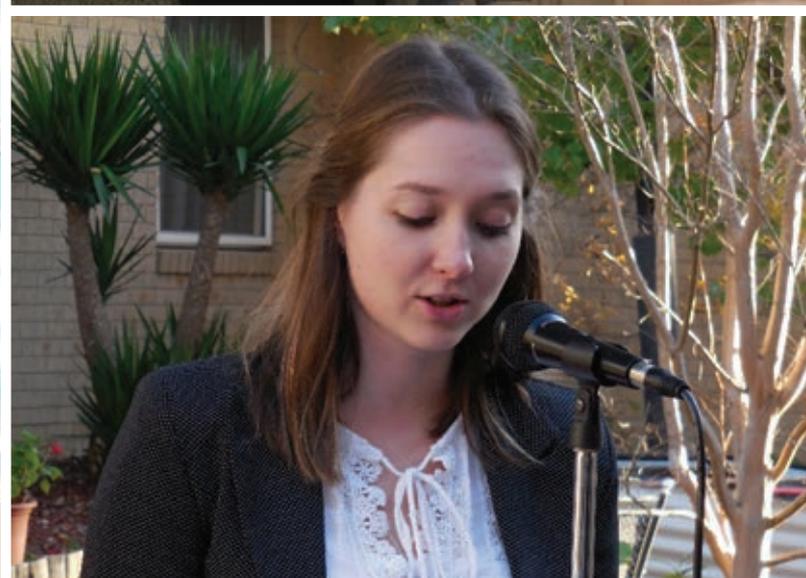






HAPPY
MOMENTS





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