

ÁRPÁD AGED CARE FACILITY

2016 REPORT



Árpád Aged Care Facility (ACF) was established in 1994 to meet the needs of an ageing Hungarian population. It has 60 low and high care level beds and 11 independent Villa Units. Árpád provides transitional care from independent living through to minimal and high-level assistance without the need to move to another establishment when care needs change. Árpád ACF is a fully accredited and certified facility. Árpád ACF is a short walk from the local Wantirna Shopping Centre and is only a few minutes from the Hungarian Community Centre and St István Church.

*The report was compiled by
Judy Hajdu*

*Photography by
Tamás Ruscsák and Balázs Mariczky*

*Mission Statement for Árpád Aged Care Facility
Árpád ACF ensures that its residents receive appropriate high level care in quality surroundings that is tailored to their individual needs. We strive to achieve a meaningful, pleasant and relaxed lifestyle for our residents.*

*Árpád Aged Care Facility
9 Garrison Grove, Wantirna 3152
Email: arpad@arpadagedcare.com.au*



Report from the Committee

Throughout 2016 there were regular committee meetings, recording the successful working of Árpád. A new Constitution, required by Incorporated Associations, was developed and lodged.

During the year the Committee had to accept the resignations of Dr. Joe Juhász and Nellie Tóth. As Vice President Dr. Juhász provided insight and practical knowledge to the workings of the Committee. His sensitive approach was valued by the residents. Nellie Tóth was an active Treasurer whose careful oversight of the finances was much appreciated. The Committee was very sorry to lose these valuable office holders and would like to thank them for their dedicated contribution to Árpád and the Committee.

In June Árpád again took part in the Aged and Community Services Nationwide Open Day.

The Honourable Hong Lim MP, Parliamentary Secretary for Multicultural Affairs spoke to residents praising Árpád for providing such an atmospheric, comfortable home for older Hungarians. There was a program of tours of the facility for visitors, who in turn admired the surroundings and the care given to residents.

The Committee would like to wish our Administrative Secretary, Mária Vrbovszki, well on her move to Sydney and thank her for all her conscientious work. At the AGM 2016 new members: John Bodó, Mary Anne Carmody, Zsuzsanna Kollár and Zsófia Nemes were elected on to the Committee. We welcome them and hope they will enjoy working on the Committee supporting Árpád.

*Judy Hajdu
Secretary*



Éva Kövesdy
President

Éva has been an active member of the Hungarian Community for many years and held the position of Secretary to the Hungarian Community Centre for 17 years during which time she was involved in the initiation of many major programs. Éva has a Master's Degree of Applied Science - Nutrition and Public Health from Deakin University. Éva joined the Committee and was appointed Secretary in 2009. She was elected President in 2015.



Csaba Dézsi
Vice-president

Csaba joined the Committee in 2009. He is the Reformed Church pastor and felt it his moral duty to support the Árpád ACF in its endeavours to continue to maintain a high standard care facility for elderly Hungarians. Csaba was elected Vice-President in 2015.



Judy Hajdu
Secretary

Judy was a Lecturer in Education at the University of Melbourne. She now teaches adults and volunteers her services in the Royal Botanic Gardens. For the past eight years she has visited the Árpád ACF on a weekly basis interacting with residents and supporting the facility's program. Judy was elected to the Committee in 2009 and became Secretary in 2015.



Kornelia (Nellie) Tóth
Treasurer until March 2016

Nellie has been a member of the Committee since 2007 and has held the Treasurer's position since 2010. Nellie has extensive accounting skills having worked in the field for 25 years.

members



Ilona Benedek *Treasurer (Acting)*

Ilona joined the Committee in 2015. She has been an active member of the Hungarian Reformed Church and was elected as a church elder. While she worked for the Committee as an Administration Coordinator, she became very fond of the residents of Árpád Aged Care and after leaving this position, she was missing the contact with them. Becoming a member of the Committee gives her the opportunity to help and keep in touch with them.



Dr Jozseph Juhász *Committee Member until April 2016*

Joe is a General Practitioner and has been a member of the Árpád Committee for over 8 years and Vice-President since 2008. He has considerable medical experience in Aged Care and many aged patients consult him. He is able to provide valuable advice regarding medical issues relevant for the administration of Árpád.



Zoltán Fritz *Committee Member*

Zoltán has been a committee member since 2003 and was President for 7 years. Zoltán is a lighting engineer and has managed his own business for over 30 years. His interest in the Árpád ACF developed when his mother was a resident and he realized the full benefits of the organisation.



Balázs Bartha *Committee member*

Balázs joined the Committee in 2012. He is a post-graduate in Psychotherapy studies. Together with his family, Balázs is an active participant in many Hungarian community events and organisations. His studies and experiences from overseas and Australia contribute to the work of the Committee of Management.



Olga Vető *Committee member*

Olga joined the Committee in 2015. She has been an active member of the Hungarian community for more than 30 years. Olga has extensive experience in organising special events which will be of great benefit to Arpad.

President's Report 2016



Éva has been an active member of the Hungarian Community for many years and held the position of Secretary to the Hungarian Community Centre for 17 years.

WELCOME TO THE 2016 ÁRPÁD AGM

I would like to reinforce my comments from last year's report that we are responsible for our residents' lives and welfare and need to ensure that Árpád is financially viable. Once again our financial reports demonstrate that it is. To ensure that the residents' everyday needs are met the Committee is responsible for appointing the manager, who manages the day-to-day operation of the home who in turn is responsible for employing appropriate staff. The Árpád family is very lucky to have Hella who manages Árpád efficiently and effectively. We are also very fortunate to have a wonderful team under Hella, both Hungarian and non-Hungarian who look after the residents with compassion and care.

Early this year, we were unfortunate in that two committee members stepped down for personal reasons, Nellie Tóth, Treasurer and Joe Juhász. I would like to acknowledge their valuable contribution over the many years and wish them both well. Ilona Benedek was appointed acting treasurer.

Since the 2015 AGM the Committee has worked hard to improve the facility as well as the leadership skills of its members. This commenced with our first Executive Committee meeting on 19 November where we started our broad plans for 2016.

26 November 2015: I attended Board Connect Speed Mentoring workshop which was designed to help new CEOs, presidents, board members to improve their leadership skills.

We organised the first Árpád Conference on 30

January 2016. This internal conference's aim was to spend half a day dedicated to Árpád and its future. We had three guest speakers; Peter Knuppel from Knuppel Enterprises. He concentrated on the future of Aged Care in Australia, the trends and how we can improve our service and operations in the new environment. Our second speaker was Árpád Gémes, architect who dealt with possible physical changes and improvements to the facility. Third speaker was Charles Kövess who covered the topic of responsibilities of the committee and improving our effectiveness.

On 2 February Csaba Dézsi and I were invited to address the staff regarding the role the Committee has in relation to the operations of Árpád.

As part of improving our facility, it was decided that visiting other similar Aged Care facilities was important. In May Judy visited the Polish Retirement Home in Bayswater and we both visited the Latvian Aged Care Facility in Wantirna South. Both visits were very informative.

On 11 May to further improve the committee's effectiveness the Committee asked Gábor Szondy a senior chartered accountant, specialising in taxation and superannuation and has been on many company boards including the Melbourne Football Club to give a presentation covering the effective relationship between the committee and operations management.

On 23 May the Executive had its first meeting with Árpád's Auditors. This meeting gave the Committee an opportunity to discuss many financial issues as well as receive valuable advice.

Hella and I attended a meeting with Architects and contractors on 31 May regarding the building expansions and improvements.

A STRATEGIC PLANNING MEETING WAS HELD ON 1 JUNE

On the 2 June Better Practice Melbourne conference was attended by Judy and myself. The conference focused on trends in aged care, the trends which are consumer directed care. The conference also included some innovative practices developed in many aged care facilities. It was a very informative conference.

The Hungarian ambassador Dr Attila Gruber, Ervin Simon from the Hungarian Embassy together with Péter Bakonyi and Rita Vágó from the Melbourne Consulate visited Árpád on Saturday 4 June. The ambassador with the other guests chatted to residents and enjoyed coffee and cake afterwards with Hella and some of the committee members.

We took part in the Aged and Community Services (ACSA) National Open Day on 17 June. The day was very successful and we had a large number of interested people visiting. Our special guest was Mr Hong Lim MP, Parliamentary Secretary for Multicultural Affairs and Asia Engagement together with Dr Adrienn Horváth-Németh, third secretary-consul and her husband Zoltán Horváth from the Melbourne Consulate.

On 9 to the 11 October Hella and I attended the Leading Age Services Australia (LASA) Conference, on the Gold Coast. The three day event was very informative, dealing with current trends in aged care, in particular focusing on consumer directed care and Home Care Packages. Guest speakers included the Minister for Health Sussan Ley as well as guest presenters from interstate, the UK, Finland and Ireland.

On Sunday, 23 October we took part in the

commemoration of the 1956 Uprising's 60th anniversary at the Hungarian Community Centre. Judit Preczekjan Lifestyle Coordinator, Ilona Teleky and Alice Misky residents and myself laid a wreath in memory of the event.

Our visits to other facilities continued and a number of committee members visited Tabulam & Templer Home – the German Aged Care Facility on 28 October. We had a tour of the home and were invited to lunch with their management. Once again it was a very interesting visit.

To maintain an up-to-date face on the electronic information network we are currently in the process of upgrading Árpád's website and this year we set up a Facebook page as well. Please visit these pages. The Körösi Csoma Program scholarship holders visit our residents from time to time and organise various programs and activities.

At the 2015 AGM the committee was asked to prepare a viability study on roof solar panels. I have enquired about its feasibility and the following points were made. There is a 15-17 year pay-back period; solar power is good only in sunshine, a battery is needed to supplement energy production – the life of batteries is between 6-10 years. A suggestion was made that we install solar panels on a small area and evaluate its performance after a period. This may be a \$15,000 investment. As technology is improving, the suggestion was not to rush into it on a large scale. The Committee will further investigate the possibilities.

We welcomed Mária Vrbovszki as the Committee's Administrator.

I would like to express my appreciation and thanks: to our team of volunteers. No matter what role they take on, their input is greatly valued; to the people who made generous donations during the year; to Hella and the staff for the wonderful work they do. They do an extraordinary job of caring for the residents; and finally to the Committee for its hard work during the year, under sometimes difficult circumstances.

Manager's Report 2016



After starting her nursing studies in Hungary, upon arriving to Australia Hella decided to continue this career and completed a Bachelor of Nursing in 2000. She has been working at the Árpád Aged Care Facility for 14 years.

Once again 2016 was a busy year at the Árpád Facility full of challenges and much work.

ACCREDITATION

After the auditing process of last September Árpád Aged Care has been given accreditation until 1st December 2018. We work very hard to achieve such outstanding results and we are very grateful to our residents, their families and our staff for their continued efforts, support and help.

STAFFING

At present we have sixty staff members, of these only half are Hungarian. We always require Hungarian speaking nurses and carers. With government assistance we are able to train suitable applicants towards a professional career.

We have a good team at the Facility. Staff complete their duties conscientiously and continually undertake further studies so that they can care for elderly residents appropriately.

I have to unfortunately note that we do not have enough carers, nurses respectively in the Facility and so I therefore am asking that if someone knows a person who would be interested in such work, please direct them to us.

At this time there are seventeen active volunteers helping out at the Facility. They conduct bingo session, play music or just chat with our residents. The illustrated talks by our volunteers about their travels and experiences have been very popular.

CONTINUOUS IMPROVEMENT PLAN

We have successfully achieved most of the goals we set ourselves for this year. We have moved relentlessly towards a better and more satisfying future. A major part of our continuous improvement concerns paperwork. We want to ease the exigencies of administrative work, but at the same time adhere to requirements. We would also like to increase our residents' comfort as well as improve their surroundings. Our future plans include not only renovations and new building, but also plans about how we could help our elderly Hungarians in their own homes.

WAITING LISTS

At Árpád we have at present four different lists for applicants: one for the Villa Units, one for low care admittances, one for high care according to the old system. There is also a new waiting list with the names of those who have a new assessment in adherence with the new regulations. 48 people are waiting for units, there are 76 who want to come into low care and 7 who want to come into our high care section. On the new list there are already 44 names. If there is anyone who would like to be added to our waiting lists we ask them to contact us on the phone for further information or better still look up our web page. However, the Government has set one condition that anyone wishing to be added to waiting lists must already have an "Aged Care Assessment".

At the moment there are a number of people on the our waiting list who do not have such an assessment, but if they still seriously wish to come into Árpád in the next twelve months we ask them to obtain an aged

care assessment. At the Facility we also have a so-called respite/guest room. For this room it is also necessary to have such an aged care assessment. With that they can come in as a guest for a number of weeks so they can see what life is like at Árpád.

The Aged Care Assessment team assesses and provides permission also for Home Care. This entails various types of help in the home including individual care, cleaning, meal delivery, nursing etc. The application we made last year for first or second level home care was unsuccessful, but the regulations will change in February. From then each person will receive their individual permission and they themselves will choose which services they require and which organisation they would like to provide them with those services. As a result they will work out a contract and will work out individually exactly what their needs are so that they can stay in their own homes for longer. Árpád wants to actively participate in providing such services from next year.

ACKNOWLEDGEMENTS

I would like to express my heartfelt thanks to our staff who carry out their duties so conscientiously so that our elderly have an enjoyable and comfortable life at Árpád. As I have already said, there is a very good team here at the Facility. They carry Árpád in their

hearts and this is visible as it is reflected in our positive achievements.

I would like to thank our kind volunteers for their dedicated helpful work with which they help our residents. As a mark of our appreciation as in every November we had our traditional volunteer lunch.

Our need for volunteers is as great as ever. If there are any people who could devote half a day per week in our high care section (TISZA) please approach us, as our residents have a great need for love, understanding and for someone to listen to them. We also need volunteers who could accompany our residents to various appointments.

Heartfelt thanks go to every member of the Committee for their outstanding and devoted work. We can always count on their support and they have done a great deal in the past year, completing their duties scrupulously for the benefit of the Facility.

Special thanks go to those individuals who have supported Árpád during this year for their donations. This means a lot to us, since these generous and magnanimous people allow us to move forward and develop. We thank those enthusiastic people who have remembered the Árpád Facility in their will or who have asked for donations to Árpád rather than flowers.





Our Origins

The whole idea of a Hungarian Elderly Home arose at a meeting of interested members of the Hungarian community on 6th February 1988 as a result of a sociological study carried out by Mrs. Anna Ambrosy. An Interim Steering Committee was formed: President G. Mészöly, Vice President J. Simko. The Committee undertook to examine and evaluate the feasibility of establishing and running an old people's home for Hungarians.

Decisions had to be made about possible sites, zoning regulations, the size of the facility, finances and government support.

A property in Croydon was found in 1990. However, months were lost with concerns over zoning, planning, designing. As there were difficulties in obtaining a planning permit from the council the Committee decided in September 1991 to abandon the project on that site.

Other sites were considered, but did not appear suitable. Then in March 1992 land in Garrison Grove

Wantirna became available. There was unanimous approval for the purchase of this land "conditional to obtaining a planning permit." Changes to the building plans were made after consultation with neighbours. The Department of Health, Housing and Community Services approved the plans and in September the planning permit was received. The land was purchased on 30th September 1992.

The first proposed design of the home proved too costly and little agreement seemed possible with the architect. The plans were then given to A. Gemes who submitted new documentation and a new design that was affordable. In July 1993 a contract was duly signed with Specline P/L. Building started in October.

Finally, at the AGM on 5th November 1994 the President G. Mészöly was able to announce that the Hostel was built. It would open in a fortnight with Mr. Pakai as the first manager.

(Committee Minutes from 1988 -1994)



Árpád Staff 2016

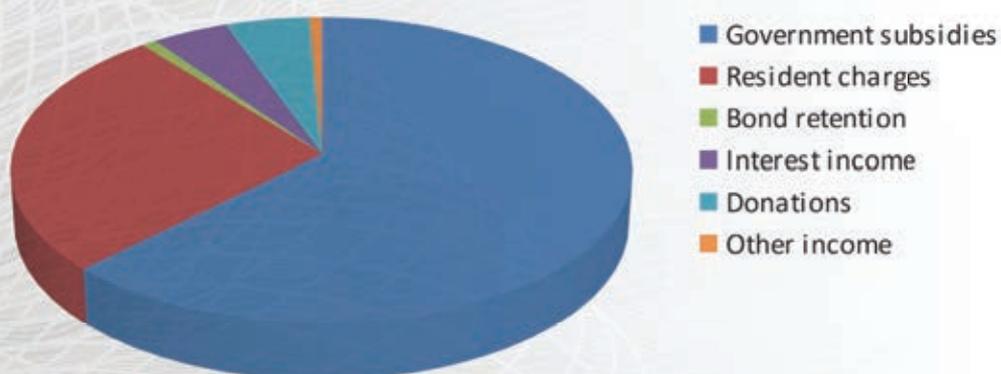
Agnes Alexy	Cathrine Javier	Livia Mentus	Szilvia Szaka
Katalin Apathy	Mary John	Zita Mihalka	Aniko Szeleccki
Ilona Bodnar	Brigitta Kallo	Eva Modovan	Imre Takacs
Kissy Carriaga	Asmita Kandel Sapkota	Krisztina Molnar	Yuhua (Lilly) Tan
Yanwen Chen	Navrup Kaur	Virginia Muresan	Nisha Thomas
Xinxin Chen	Paramjit Kaur	Eva Nemere	Vicki Toce
Edit Czanik	Ramanpreet Kaur	Agnes Novak	Nikolett Varaczki
Mariana Dan	Khubber Harleen	Ildiko Orsos	Ildiko Vargane Fulop
Judit Danka	Mi Young Kim	Dorotha Pachacz	Maria Vrbovszki
Julianna Dworszky	Jennifer Kite	Evike Peto	Yayi Wang
Rozalia Erdosi	Katalin Kopataky	Phat Vinh (Tyler) Phan	Qingjuan Wang
Pramila Eugine	Robert Kovacs	Elizabeth Pietmontese	Jinghan Wu
Eva Ezsol	Chimby Marie Kwn	Tamas Piroaska	Jeesoo Yoon
Beata Fabian	Yeng Ching Lee	Judit Preczekjan	Erzsebet Zambori
Agnes Feher	Erika Lerinc	Valeria Ridd	Izabela Zavarko
Karen Gibson	Yand Liao	Tamas Ruscsak	Qiran (Rachel) Zhang
Elizabeth Hermann	Krisztina Lo Piccolo	Harbhinder Singh	
Tamara Izman	Zsuzsanna Matyassy	Danielle Sobota	

Financial Report

Income/Expenses for Year ended 30 June 2016

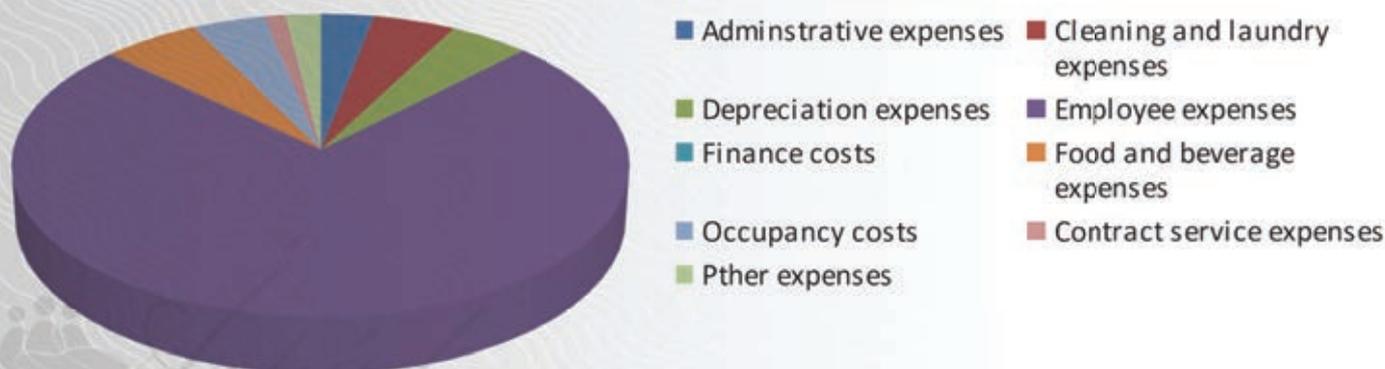
Income

Government subsidies	\$2,981,274
Resident charges	\$1,264,716
Bond retention	\$41,106
Interest income	\$207,570
Donations	\$230,808
Other income	\$34,371



Expenses

Administrative expenses	\$120,344
Cleaning and laundry expenses	\$186,664
Depreciation expenses	\$182,578
Employee expenses	\$2,920,045
Finance costs	\$1,004
Food and beverage expenses	\$220,508
Occupancy costs	\$166,080
Contract service expenses	\$47,008
Other expenses	\$80,882



Supporters 2016

**For their generous donations
Árpád wishes to thank:**

Suzanna Agardy
Arpad & Iren Bucsuhaszy
Elizabeth Bordieri
Erzsebet Demeter & Maria Czegledi
Lorand Fekete
Marika Fekete
Ilona Fenyvesi
The Janos Frank Foundation
Frank Gallo
Isabella Gyori
Estate of Stefan Hauler
Imre & Magdolana Hidas
Mr and Mrs Jando
Endre Kocsis
Estate of Dezso Kovesdy
Kovess International
Piroska Moody
Jozsef & Aliz Nagy
Katalin Nemes
Lajos & Roza Olah
Katalin Pritz
Margit Simko
Ilona Surjan
Jozsef Szabo
Estate of Laszlo Teleky
Estate of Gabor Toth

**We gratefully acknowledge
the team of volunteers in
2016**

Maria Atherton
Roza Bogar
Julia Csuk
Magdolna Gleichweit
Judy Hajdu
Istvan Hangodi
Suzanna Harmer
Zoltan Horvath
Julia Ivic
Eva Kulic
Imre Nagy
Roza and Lajos Olah
Louisa Rigo
Marika Sarnyai
Leslie Schoffer
Eva Voros
Thomas Weber

Commemorations



Mother's Day



Bocskai Hungarian School sings for the mothers



The Joy of Presents



Father's Day



Visitors



Dr Attila Gruber - Ambassador of Hungary



Open Day with Mr. Hong Lim M.P.



Members of Hungarian Consulate with Árpád staff



Edit Andrej with her decorated gingerbread

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