

ÁRPÁD AGED CARE FACILITY

2014 REPORT



Árpád Aged Care Facility (ACF) was established in 1994 to meet the needs of an ageing Hungarian population. It has 60 low and high care level beds and 11 independent Villa Units. Árpád provides transitional care from independent living through to minimal and high-level assistance without the need to move to another establishment when care needs change. Árpád ACF is a fully accredited and certified facility. Árpád ACF is a short walk from the local Wantirna Shopping Centre and is only a few minutes from the Hungarian Community Centre and St István Church.

The report was compiled by Éva Kövesdy and Melinda Mariczky

Photography by Tamás Ruscsák and András Kövesdy

Mission Statement for Árpád Aged Care Facility Árpád ACF ensures that its residents receive appropriate high level care in quality surroundings that is tailored to their individual needs. We strive to achieve a meaningful, pleasant and relaxed lifestyle for our residents.

> Árpád Aged Care Facility 9 Garrisson Grove, Wantirna 3152 Email: arpad@arpadagedcare.com.au



Report from the Committee

2014 has been a busy year for the Committee. Apart from the regular monthly meetings, sub-committee meetings were held as well, the most active being the Building Sub-Committee with Ferencz Baranyay leading the committee. Plans for renovations and upgrades were further developed for both high care and low care areas.

In June we launched the Day Care Program. The program plans to offer limited services on a daily basis for elderly Hungarians who are still living in the community but may require occasional supervision. On 20 June we took part in the inaugural Aged and Community Services Nationwide Open Day. Árpád organised programs and tours of the facility. It was very well received by the local community. The Opens Day's special guests included Alan Tudge Federal Member for Aston and Mr Péter Bakonyi Chief Consul. Lilla Zsuráfszky and Gábor Tapolczai folk dancers from Hungary performed dances from Kalotaszeg.

On 4 October Árpád ACF celebrated its 20th Anniversary. A lunch at the Hungarian Community Centre was organised and was attended, amongst other guests, by Mr Péter Bakonyi Chief Consul.

During the year four Körösi Csoma Sándor scholarship holders from Hungary, Lilla Zsuráfszky, Gábor Tapolczai, Katalin Kőpataki and István Medovárszki were regular visitors to Árpád and gave informative talks on a range of interesting topics, in addition Lilla Zsuráfszky and Gábor Tapolczai, performed folk dances from different regions of Hungary.

The Committee wished Hella Szilágyi well in preparation for her six months maternity leave. Karen Gibson was appointed Acting Manager.

Éva Kövesdy Secretary

Committee members



Zoltán Fritz President

Zoltán has been a committee member since 2003 and was elected as President in 2008. Zoltán is a lighting engineer and has managed his own business for over 30 years. His interest in the Árpád ACF developed when his mother was a resident and realized the full benefits of the organisation.



Dr Joszeph Juhász Vice-President

Joe is General Practitioner and has been a member of the Árpád Committee for over 8 years and Vice-President since 2008. He has considerable medical experience in Aged Care and has consultation with a large number of Hungarian patients. He is able to provide advice to the Committee regarding medical issues that arise from the administration of the Árpád ACF. Dr Juhasz is a member of the Futures and Finance sub-committee.



Éva Kövesdy Secretary

Eva has been an active member of the Hungarian Community for many years and held the position of Secretary to the Hungarian Community Centre for 17 years during which time she was involved in the initiation of many major programs. Eva has a Master's Degree from Deakin University in Applied Science – Nutrition and Public Health. The area of research was the provision of food for the elderly by local councils. Eva joined the Committee and was appointed as Secretary in 2009. She is a member of the Public Relations and Futures sub-committees.



Kornelia (Nellie) Tóth Treasurer

Nellie has been a member of the Committee since 2007 and has held the Treasurer's position since 2010. Nellie has extensive accounting skills having worked in the field for over 25 years. Nellie is a member of the Finance sub-committee.



Balázs BarthaCommittee member

Balázs joined the Committee in 2012 and is a member of Building Sub-committee. He is a director of a Family Trustee and a post-graduate in Psychotherapy studies. Together with his family Balázs is an active participant in many Hungarian community events and organizations. His studies and experiences from overseas and Australia contribute to the work of the Committee of Management.



Ferencz BaranyayCommittee member

Ferencz is an architect with his own practice in Malvern. He regards it an honour to be on the Committee and be part of the general management of the facility. Ferencz joined the Committee in 2012 and has been on the Building Sub-Committee since 2013.



Csaba DézsiCommittee member

Csaba joined the committee in 2009. He is a Reformed Church pastor and felt it his moral duty to support the Árpád ACF in its endeavours to continue to maintain a high standard care facility for elderly Hungarians. Csaba is a member of the Public Relations and Futures sub-committees.



Judy HajdúCommittee member

Judy was a Lecturer in Education at the University of Melbourne. She teaches at the Council of Adult Education and volunteers her services for the University of the Third Age. She works for the Friends of the Royal Botanic Gardens organising walks for the members through many Melbourne gardens and parks. For the past six years she has visited the Árpád ACF on a weekly voluntary basis interacting with residents and supporting the facility's program. Judy was elected to the Committee in 2009 and is a member of the Administration Sub-committee.

Report from the President

Welcome and thank you for your attendance of this the 2014 AGM.

The last financial year for Árpád has been again successful with good outcomes financially and in performance both towards our residents and also the accreditation agency. Financially Árpád had a very good year posting net profit of \$680,723 allowing us to make necessary structural improvements to the facility.

The government Home Care Package mentioned in last year's report has moved forward and Árpád has submitted the application but as yet there has been no response and the expectations in response should be towards the latter part of 2015.

The Day Care Program mentioned in last year's report does not seem to have the support we anticipated. However, the survey indicated a necessity for the program and earlier in the year was utilized. In the latter part of the year, interest seemed to fade. This is not a government subsidized program but should it become one, then it may be more economically viable. We are letting the program run for those in need.

Our building project is at the planning stage whereby

we wish to improve the high care dining facility, create more storage, a maintenance workshop and provision for waste dumpster. These are necessary additions to the facility that we have forgone until it was financially viable.

Acknowledgments

Our ongoing thanks and gratitude go to Hella and all her staff for their excellence in work ethic and personal care.

Special thanks to all the volunteers for the donation of their continued time and energy which is an important facet to the residents' welfare.

We are thankful for all the generous donations which help Árpád provide the care for our residents.

To my fellow committee members, thank you for your time and expertise you provide. Thanks also to Melinda, the committee secretary.

Zoltán Fritz President



Report from the Manager

Once again 2014 was an exciting year with many challenges and tasks.

Accreditation

Árpád's three year accreditation will expire at the end of 2015. Continuous inspections have been carried out by government authorities and on each occasion Árpád has met all the requirements. We have worked very hard for these exceptional results and we are grateful to our residents, families and staff for their support and help.

Staffing

Árpád has 51 staff of which 33 are Hungarian. We continually seek Hungarian speaking nurses and personal carers. With government support staff members can receive further training. We have a very good team who not only perform their duties diligently but continually update their skills to enable them to provide a better care for the residents. With government support Árpád has successfully participated in the "WELL" program (Workplace English, Language and Literacy) to assist staff members improve their language skills. Due to its success the program will continue for another year.

Volunteers

Árpád urgently needs more volunteers. If anyone is able to spend a day, or a half day in high-care to talk to our residents please let us know as many of our residents would dearly love to have a visitor just to listen to them. We also need help in transporting residents to appointments and /or to translate for them, or to just accompany them to appointments.

Living Longer Living Better

In 2012 the Australian Government introduced the Aged Care Reform Package, called 'Living Longer, Living Better'. Its aim is to create a more flexible coherent system to obtain for the elderly a greater choice of support and care. The reforms are principally aimed at increasing home care and support, making it easier to enter aged care facilities and to strengthen the aged care work force. Additionally it aims to provide for better support for those who suffer from dementia. In spite of this last year the Government took away support for dementia and from further training to the aged care work force.

From July 2014 not only low-care, but high care residents will be required to pay a bond which will be returned in full to the residents which is good for some residents however it will be to the detriment of the facility as it will not be able to derivate any of income from the bonds creating a \$70,000 loss for the institution with each new resident.

As a result higher bonds can be, and will be asked for. There is a new financial test required by Centrelink which has to be completed by everyone on the waiting list planning to move into the facility. Based on this information the Government will determine how much money has to be paid by the new resident at time of entering the facility.

Continuous Improvement Plan

The majority of our goals have been met for this year. We have developed many new skills for a better future. A large part of our Continuous Improvement Plan is ▶



After starting her nursing studies in Hungary, upon arriving to Australia Hella decided to continue this career and completed a Bachelor of Nursing in 2000. She has been working at the Árpád Aged Care Facility for 12 years and has been the Manager for the last 9 years. Hella continued studying and gained a Master's Degree in Health Science specialising in Gerontology and also holds Diplomas in Business and Frontline Management.

to decrease administrative duties but at the same time satisfying all necessary requirements.

The improvement plans also include improving the comfort and surroundings of our residents which will incorporate new building plans but also finding new ways of assisting elderly Hungarian community members in their homes.

Waiting List

Árpád has four different waiting lists; villa units, low care and high care based on the previous system, and a new waiting list with those who have new assessments which were carried out after the changes in July 2014. There are 47 people waiting for units, 123 for low care and 16 for high care admission and there are 10 people on the new waiting list.

If anyone wishes to be added to the waiting list please contact Árpád or visit our web site. Please note the Government requires an 'Aged Care Assessment' for a person to be added to the waiting list. Currently we have many people on the list who do not have an 'Aged Care Assessment'. If you plan to enter Árpád within a year please ensure that you have an 'Aged Care Assessment'. Árpád also has a respite room where you can experience Árpád for a few weeks. Respite has the same 'Aged Care Assessment' requirement for entry.

The Aged Care Assessment team is in the process of surveying the needs of the Home Care Options. This will enable the development of new ways of providing a home care service for those who require it, for example individual care, cleaning, nursing help and provision of food service.

In 2013 an evaluation was completed and based on the results, submitted for the request for Home Care. This application was successful. In May when the allocation round opened we submitted applications for Level

1 and Level 2 care (both low care) for Home Care. This application is still pending and we are unsure as to when the results will be available. Hopefully the application will be successful and we will be able to help the Hungarian elderly community in their homes next year.

This year we have also commenced our Day Care service, however it is not proving to be as popular as we had hoped. If anyone would like to take advantage of this service please contact us.

Acknowledgements

I would like to thank the 'Kőrösi Csoma Sándor' program's wonderful participants who regularly visited Árpád for six months.

We gratefully acknowledge our dedicated staff who have ensured that the residents' lives are made as comfortable and pleasant as possible. As previously mentioned, we have a committed team whose performance is reflected in the excellent results achieved.

I would like to thank our team of volunteers who help the residents in so many ways in their everyday life. We show our appreciation to them every year by having a volunteer's lunch.

I would like to thank each Committee member for their outstanding work. We can always rely on them and they have worked hard for the benefit of Árpád.

A special thanks to the people who supported Árpád this year with their donations. I would also like to thank the people who remember Árpád in their bequests and those who donate to Árpád in lieu of a floral tribute.

I would like to inform you that from the beginning of November, I will be on maternity leave for six months. Karen Gibson will take on the role of Acting Manager.



Árpád Staff

Introduction of senior staff



Staff with 10+ years of service

Ilona Bodnár

Judit Danka

Éva Nemere

Hella Szilágyi

László Simity

Tamara Izman

Staff with 5+ years of service

Peter Wu

Edit Czanik

Erzsébet Zámbori

Dorota Pachaz

Katalin Apáthy

Elizabeth Hermann

Erika Lerinc

Krisztina LoPiccolo

Livia Mentus

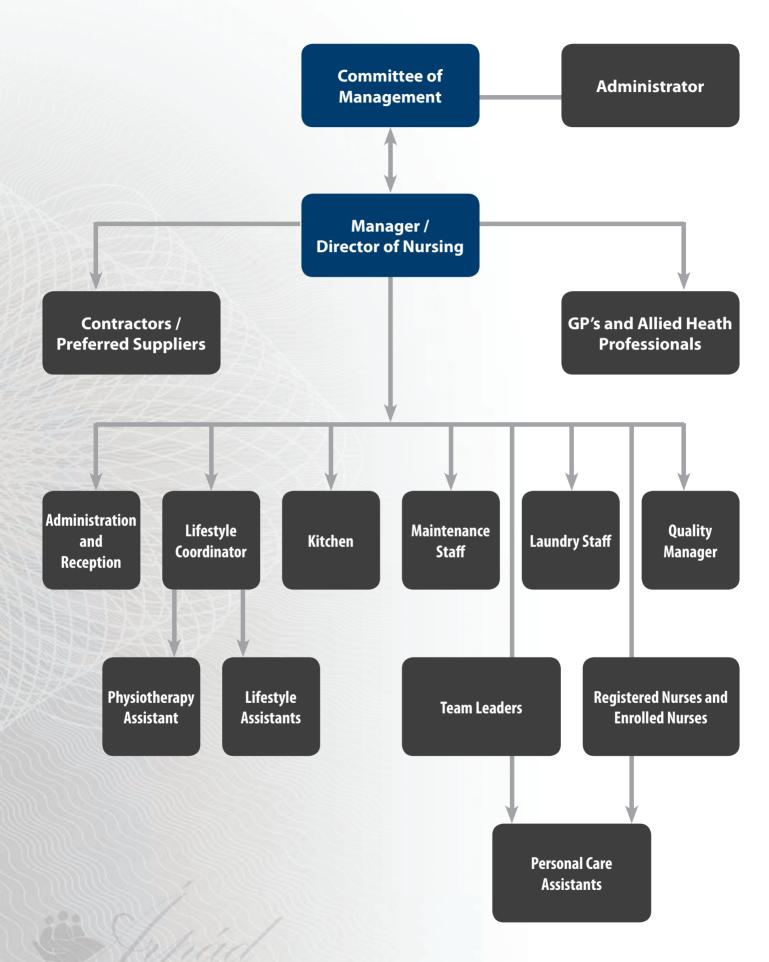
Éva Pető

Judit Preczekjan

Éva Ezsol

Zsuzsanna Mátyássy

Organisational Structure of Árpád

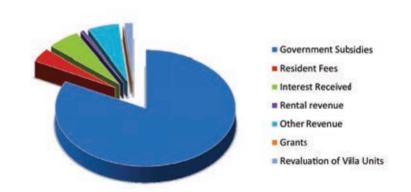


Financial Report

Income/Expenses for 2013/2014

Income

Government Subsidies	\$2,743,232.00
Resident Fees	\$123,074.00
Interest Received	\$191,890.00
Rental revenue	\$22,711.00
Other Revenue	\$185,808.00
Grants	\$3,000.00
Revaluation of Villa Units	\$50,000.00



Expenses

Administrative Expenses	\$169,845.00	Administrative Expenses
Employee expenses	\$2,678,884.00	■ Employee expenses
Food and beverage expenses	\$202,230.00	Food and beverage
Finance Costs	\$2,278.00	Expenses Finance Costs
Occupancy Costs	\$160,828.00	Occupancy Costs
Cleaning and Laundry expenses	\$167,042.00	Cleaning and Laundry
Depreciation expenses	\$184,547.00	expenses
Residential unit exit fee	\$25,000.00	
Other expenses	\$77,761.00	

Supporters

List of donors and volunteers in 2014

List of donors in 2014

We gratefully acknowledge all We gratefully acknowled

András Reményi

donations made to Árpád in 2014

Andrea Horváth

Judith Bognár

István Buzy

Lyle Allen

Charles Varga

Susanna Agárdy

Károly Koszó

Péter Agárdy

Rose Sipós

M.B. Loughnan

Maria Sullivan

Mr & Mrs Szathmáry

Eszter & István Világos

Gyula & Julianna Jandó

Magdolna & Imre Hidas

Rozália & Lajos Oláh

Bujdosó & Bordieri Family

Mausecz Family

Reményi Family

We gratefully acknowledge the team of volunteers in 2014

Volunteers in 2014

Katalin Benkő

Katherina Bodó

Júlia Csúk

Magdolna Gleichweit

Judith Hajdú

István Hangodi

Katalin Jeló

Éva Kulic

Klára Lukács

Imre Nagy

Henrietta Saks

George Szűcs

Márton Szűcs

Magdolna Tóth

Programs in 2014

It is almost impossible to summarize all the activities that have taken place in the Árpád Aged Care Facility over the past year. The photographs best display the rich Hungarian social and intellectual life that occurs in the Home. We regularly celebrate the Hungarian national and religious festivals at Árpád, and residents participate in monthly Catholic Mass and Protestant religious services in Hungarian. The residents are treated to entertaining, musical afternoons where the musicians play popular songs of yesteryear for the residents to singalong.

The Körösi Csoma scholarship holders have organised several informative talks and Hungarian folk dance performances for the residents. The Árpád Aged Care Facility has also welcomed important guests during the past year. In February dr Tamás Wetzel, Deputy Secretary of State for National Policy, Csaba Böjte a Franciscan monk from Déva, Transylvania and the President of the Hungarian Parliament, László Kövér, visited the home. The visitors expressed their admiration for the work that management and staff are doing for the elderly Hungarians in Melbourne.

In 2014, the now annual luncheon for the volunteers was again organised. The luncheon was a measure of the thanks the home owes to the volunteers for their time and dedicated, tireless support of the residents. The highpoint of the year was the celebration of the 20th anniversary of the foundation of the Árpád Aged Care Facility. We remembered the founders, acknowledged the present members and looked with optimism to the future. The 20th anniversary is testament to the dreams of the founders, as the Árpád Aged Facility is now a solid, smoothly functioning institution.

Naturally we have only been able to mention the special events in a year at the Árpád. They alone do not make this Facility a warm, friendly home and well respected institution. It is the daily routine, the day to day quality care that have formed it into the Árpád Aged Care Facility that we love.

August 20 - Szent István Day celebrations





Kőrösi Csoma Sándor scholarship holders



Visitors from Hungary



László Kövér and Éva Kövesdy

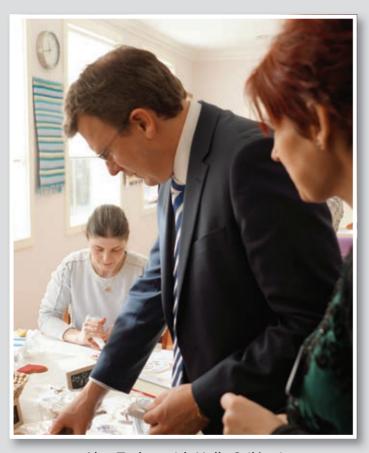


dr Tamás Wetzel, Éva Kövesdy and dr Endre Domaniczky

Volunteer's lunch



Open Day



Alan Tudge with Hella Szilágyi



Lilla Zsuráfszky and Gábor Tapolczai



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